

## CURRICULUM DETAIL – Learning for Life Roadmap Lessons – Scaffolding knowledge

### Year 7

Autumn Term Starting as we mean to go on		Spring Term Expressing myself effectively		Summer Term Making good decisions	
<b>Organisation</b>	Introducing organization	<b>Resilience</b>	What does resilience mean?	<b>Initiative</b>	What is initiative?
<b>Organisation</b>	Organised Leadership	<b>Resilience</b>	Coping with change	<b>Initiative</b>	Do I enjoy putting myself forward?
<b>Organisation</b>	Starting as we mean to go on	<b>Resilience</b>	When am I resilient?	<b>Initiative</b>	How do I react when something goes wrong?
<b>Them and Us K</b>	What are organized acts of kindness?	<b>Them and Us K</b>	What are acts of kindness?	<b>E - safety</b>	Introduction to E-safety
<b>Them and Us K</b>	The benefits of being involved	<b>Them and Us K</b>	The difference between being nice and kind	<b>E - safety</b>	Digital Footprint
<b>Them and Us K</b>	Pushing yourself to the limits for others	<b>Them and Us K</b>	Kindness – What does it look like?	<b>Wellbeing ML</b>	The importance of goals and achievement
<b>Wellbeing ML</b>	Introduction to 'My Life'	<b>Communication</b>	What do we mean by 'effective' communication?	<b>Leadership</b>	What is leadership and why is it important?
<b>Wellbeing ML</b>	My hobbies	<b>PiXL Orate</b>	Introduction to Oracy	<b>Leadership</b>	Choosing leaders
<b>Wellbeing MM</b>	Feelings	<b>PiXL Orate</b>	Self-Assessment	<b>Leadership</b>	Who am I as a leader?
<b>Them and Us WH</b>	What are harmful actions	<b>Communication</b>	Dealing with confrontation	<b>Wellbeing MH</b>	Introduction to Mental Health
<b>Them and Us WH</b>	A world without harm?	<b>PiXL Orate</b>	Listening and responding	<b>Wellbeing MH</b>	Mental Health Self-Assessment
<b>Them and Us WH</b>	The power of our words	<b>Communication</b>	Communicating in Learning	<b>Wellbeing MH</b>	How being active impacts mental health

### Year 8

Autumn Term Celebrating our difference		Spring Term Thinking with a clear head		Summer Term Committing to growth	
<b>Leadership</b>	There is no 'I' in team	<b>Initiative</b>	When did I last show initiative?	<b>Organisation</b>	Organised problem solving
<b>Leadership</b>	Putting together a team	<b>Initiative</b>	Taking the initiative in my learning	<b>Organisation</b>	Planning events
<b>Leadership</b>	How I like to be led	<b>Initiative</b>	Approaching problems with a clear head	<b>Organisation</b>	Approaching challenges in an organised way
<b>Them and Us K</b>	The cycle – Thoughts, words, deeds	<b>Careers</b>	Routes to work	<b>Them and Us R</b>	What is an 'open' character
<b>Them and Us K</b>	Positive reinforcement: The feel good factor	<b>Wellbeing MM</b>	Stigma	<b>Them and Us R</b>	What is a 'closed' character
<b>Them and Us K</b>	Recognising difference as a good thing	<b>Wellbeing MM</b>	Positivity	<b>Them and Us R</b>	Why is it important to see each other as human first?
<b>Communication</b>	Structure of a debate	<b>Them and Us K</b>	Everyday Kindness	<b>Resilience</b>	What is a growth mindset?
<b>Communication</b>	Expressing Opinion through debate	<b>Them and Us K</b>	Kindness: Worth so much, yet costs nothing	<b>Resilience</b>	What are my strengths and weaknesses?
<b>Communication</b>	Using debate to improve school work	<b>Them and Us K</b>	Thinking outside the box	<b>Resilience</b>	No mistakes = no progress
<b>E - safety</b>	Social Media part 1	<b>PiXL Orate</b>	Clarifying and summarizing	<b>Wellbeing ML</b>	Personal Growth part 1
<b>E - safety</b>	Social media part 2	<b>PiXL Orate</b>	Audience awareness	<b>Wellbeing ML</b>	Personal Growth part 2
<b>E - safety</b>	Cyberbullying	<b>PiXL Orate</b>	Self-regulation	<b>Wellbeing ML</b>	Opportunities

## Year 9

Autumn Term Finding my voice		Spring Term Adapting my voice		Summer Term Growing in confidence	
PiXL Orate	Voice	Them and Us R	Impact of being offended	Wellbeing ML	Pride
PiXL Orate	Body language	Them and Us R	Respecting those who are not the same as us	Wellbeing ML	Pride in the environment
PiXL Orate	Working with others	E - safety	Online behavior	Wellbeing ML	Confidence
Them and Us K	Helping each other to grow	Communication	Content and rhetoric	Resilience	What makes people quit?
Them and Us K	How to deliver feedback sensitively	Communication	Social media and communication	Resilience	Overcoming barriers
Them and Us K	How to handle receiving feedback	Communication	Communication and the workplace	Resilience	Turning setbacks into success
Leadership	Difference - Managing and leading	Organisation	What does an organised person look like?	Careers	Competitive advantage
Leadership	Motivational leadership	Organisation	Organisation in the future	Initiative	What's so good about showing initiative?
Leadership	Motivating myself	Organisation	What organisational techniques work for me?	Initiative	Initiative and growth mindset
Them and Us R	What is respect?	PiXL Orate	Content	Initiative	Solution-based and problem-based thinking
Them and Us R	Is my language respectful?	PiXL Orate	Structure	Them and Us R	The impact of valuing people
Them and Us R	Breaking down language	PiXL Orate	Rhetorical techniques	Them and Us R	Ways to show that you value people

## Year 10

Autumn Term Owning my journey		Spring Term Owning my actions		Summer Term Owning my decisions	
Wellbeing MM	Mindset Assessment	Them and Us WH	Physical harm	Leadership	What is 'Strong' leadership?
Wellbeing MM	Mind training part 1	Them and Us WH	Psychological harm	Leadership	Command and control versus discuss and decide
Wellbeing MM	Mind training part 2	Them and Us WH	Harm online	Leadership	Why do employers want leadership skills?
Organisation	What is organisational skills do I need at school?	Them and Us WH	Helping 'them' groups at risk of harm	Power to perform	Mental energy part 1
Organisation	Balancing importance and urgency	Them and Us WH	How can we protect each other in society?	Power to perform	Mental energy part 2
Organisation	Organising 'things' and organising myself	Resilience	Emotional, psychological and physical resilience	PiXL Orate	Confidence in speaking
Initiative	From setbacks to success	Resilience	What is my motivation?	PiXL Orate	Appraisal and looking ahead
Initiative	Active learning	Resilience	Motivating myself	Careers	Which apprenticeship?
Initiative	Working independently	Careers	How to build a portfolio	Careers	What is a university and why go to one?
Power to perform	Performance	Communication	What do I find effective?	Wellbeing MH	Recharge
Careers	Career Development	Communication	Giving and receiving constructive criticism	Wellbeing ML	Making choices part 1
Careers	The Labour Market	Communication	Interviews	Wellbeing ML	Making choices part 2

## Year 11

Autumn Term Breaking down the journey		Spring Term Charting the course		Summer Term Finishing with pride	
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<b>Resilience</b>	Breaking down the journey	<b>Initiative</b>	Spotting a gap in the market		
<b>Resilience</b>	Using PLCs to support resilience	<b>Initiative</b>	Continual Challenge		
<b>Resilience</b>	Self-evaluation and self-criticism	<b>Initiative</b>	Positive thinking		
<b>Organisation</b>	Presenting organised arguments	<b>Careers</b>	Apprenticeships		
<b>Organisation</b>	Organising with clear communication	<b>Careers</b>	What courses are available at University?		
<b>Organisation</b>	Organisation and curricular studies	<b>Careers</b>	What are the different types of University?		
<b>Wellbeing MM</b>	Mental Health part 1	<b>Leadership</b>	Leadership and humility		
<b>Wellbeing MM</b>	Mental Health part 2	<b>Leadership</b>	When leaders make mistakes		
<b>Wellbeing MM</b>	Mental Health part 3	<b>Leadership</b>	How do I react when things go wrong		
<b>Communication</b>	The 'echo chamber'	<b>Wellbeing MM</b>	Mental Toughness part 1		
<b>Communication</b>	Disagreeing with people	<b>Wellbeing MM</b>	Mental Toughness part 2		
<b>Communication</b>	Career pathways	<b>Wellbeing MM</b>	Mental Toughness part 3		